

SOLETO

BISTRO TRATTORIA ITALIANA

PANE E OLIVE - BREAD & OLIVES

Bread and Butter (V)	3.5
Marinated Mixed Olives (V)	3.5
Focaccia (V) Thin Homemade Bread with Rosemary, Olive oil and Rock Salt	6
Garlic Bread (V) Garlic Ciabatta Slices	4
Bruschetta (V) Toasted Ciabatta Slices Topped with Fresh Tomato Onions, Basil and Olive Oil	6
Ciabatta (V) Served with Olive Oil and Balsamic Vinegar Dip	4
Flatbread Rustica (V) Rich Tomato, Mozzarella, Goats Cheese, Caramelised Onions and Olives (Ideal for Sharing)	11
Camembert and Ciabatta (V) Baked Camembert with Garlic and Rosemary. Toasted Ciabatta and Chilli and Onion Chutney (Ideal for Sharing)	15

ANTIPASTI - TO START

Zuppa del Giorno (V) Soup of The Day served with Bread and Butter	6
Affettato Misto Selection of Fine Italian Cured Meats, Olives, Gherkins, Grand Padano and Toasted Ciabatta	10 sm 15 med
Calamari Deep Fried Squid Rings served with Tartare Sauce Mustard and Lemon	9
Gamberone Pan Fried Tiger Prawns with Garlic, White Wine, Butter, Lemon and Cherry Tomato served on Crostini	10
Funghi (V) Stuffed Mushrooms with Own Stem, Garlic Roast Peppers with Garlic Mayo	8
Polpetti Beef Meatballs in Spicy Tomato Sauce Served with Toasted Ciabatta	8
Risotto Funghi Wild Mushroom Risotto with Cream and Parmesan	9

PASTA

Penne Vegetariana (V) Mixed Vegetables in Tomato, Garlic and Basil	12
Spaghetti Carbonara Egg, Pancetta, touch of Cream and Parmesan	13
Wild Mushroom Ravioli Creamy Leek and Pine Nut Sauce	14
Spaghetti Polpette Beef Meatballs in Tomato Garlic Sauce	12
Penne Barcelona Chorizo, Onion, Tomato, Chilli and Garlic	13
Linguini Mare Salmon, Prawns, Mussels, Calamari in Tomato and Garlic Sauce	16
Tagliatelle Alfredo Creamy Ham and Mushroom Parmesan Sauce	14

Gluten Free Penne available with any sauce

PIZZA

Calzone Soleto (Folded Pizza) Tomato, mozzarella, Ham, Mushroom, Peppers, Onions, Pepperoni, Topped with Garlic, Olive Oil and Chilli	14
Salsicce Piccante Spicy Italian Sausage, Tomato Mozzarella & Chilli	13
Parma Parma Ham, Rocket, Mozzarella and Tomato	14
Vegetariana (V) Mushroom, Peppers, Onions, Olives, Tomato and Mozzarella	12
Italian Pig Ham, Pepperoni, Pancetta, Mozzarella and Tomato	14
Tropicana Ham, Pineapple, Mozzarella and Tomato	12
Romana Olives, Capers, Anchovies, Chilli, Mozzarella and Tomato	12

FISH SPECIALS

Fish specials change daily.

We locally source our fish daily and dishes are subject to change. Specials regularly include: Sea Bass, Lobster, Monk fish, Sea Bream & Sole.

For daily special please call: 023 8023 4044

SALADS

Greka (V) Classic Greek Salad ,Kalamata Olives, Tomato, Cucumber, Onions, Peppers, Oregano, Olive Oil and Homemade Flatbread	12
Salmone Grilled Fresh Salmon on Mixed leaves, Sala and Green Pesto	16

SECONDI PIATTI - MAINS

Bistecca: Rib Eye Steak Owton's Rib Eye Steak cooked to your Liking served with French Fries, Rocket Salad & Peppercorn Sauce	22
Salmone Pan-fried Fillet in a creamy Herby Wholegrain Mustard Sauce Served with Sautee Potatoes and Vegetables	18
Saltimbocca Veal Escallops with Parma Ham with Sage and Butter and White Wine Sauce. Served with Crushed Potato and Vegetables	19
Grilled Vegetariana Grilled Mediterranean Vegetables on a bed of Creamy Mushroom Risotto	15
Fegato veneziana Calves Liver served with Mashed Potato and Vegetables. Red Wine, Onion, Rosemary and Pancetta Sauce.	19
Pollo Valdostana Butter fried Chicken Breast, Topped with Parma Ham, Sage, Fontina Cheese in White Wine Sauce. Served with Sautee Potatoes and Vegetables	17

SIDE ORDERS ALL 3.5

Mixed Side Salad
Rocket and Parmesan
French Fries
Mashed Potato
Sautee Potato
Green Beans

Some dishes may contain nuts. Please advise us if you have any Dietary Needs, Allergies or require Gluten Free